

RECIPE : {Two Step Chapstick}



What you need:

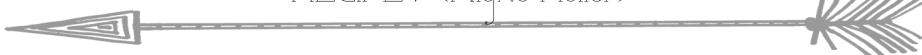
- 3 Tbsp. beeswax
- 5 Tbsp. coconut oil
- 10-15 drops of your favorite YL oils
- Empty chap-stick tubes
- A medicine dropper or syringe

How to:

1. Measure out the Beeswax and coconut oil then microwave on HIGH for 2-4 minutes (depending on how your microwave heats). Check the bowl frequently and stir.
2. Add 10-15 drops of your favorite Young Living oils and use the medicine dropper to fill the chapstick tubes.



RECIPE : {Night Roller}



What you need:

- Roller bottle
- Carrier oil
- 10 drops YL Lavender oil
- 10 drops YL Cedarwood oil
- 5 drops YL Peace and Calming or Peace and Calming II oil

How to:

1. Add all Young Living Lavender, Cedarwood, and Peace and Calming or Peace and Calming II oils to roller bottle.
2. Fill rest of bottle with carrier oil.
3. Apply at bedtime to back of neck and bottoms of feet.



RECIPE : {Brown Sugar Face and Body Scrub}



What you need:

- 1 cup packed brown sugar
- ½ cup coconut oil
- 4 drops YL Lavender oil
- 8 drops YL Lemon oil or YL Lemongrass oil
- Mason jar

How to:

1. Melt coconut oil.
2. Mix coconut oil with brown sugar and Young Living Lavender and Lemon/Lemongrass oils until combined.
3. Store in Mason Jar. Apply, scrub and wash off.



RECIPE: { }

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How to:

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